

Agenda

Virtual Webinar

The Aging of the Spine IV: Deformities of the Aging Spine

Organizer: healthbook.org (Switzerland)
Date of Webinar: **Wednesday, November 12, 2025 + 6 months thereafter**
Target Audiences: Orthopedic surgeons, neurosurgeons, neurologists, rheumatologists, gerontologists, physical medicine specialists, general practitioners (GPs), physiotherapists, chiropractors, and medical students
Duration: 17:00 – 18:30 (90 min)
Chair: Prof. Emeritus Dr Max Aebi, Bern, CH
Speakers: Dr Pedro Berjano, IRCCS Galeazzi Sant'Ambrogio Hospital, Milan, IT
 Prof. Dr Claudio Lamartina, Istituto Ortopedico Galeazzi, Milan, IT

Objectives: 'The Aging of the Spine', aims to educate participants on the biological and mechanical changes in the spine associated with aging. This series will cover the diagnosis, prevention and management of spine-related conditions, while also exploring current treatment options. Key topics include the diagnosis and classification of adult spinal deformities, surgical approaches to deformity correction, and the impact of conditions such as Morbus Parkinson on spinal health.

Final Agenda

17:00 – 17:05	Welcome & introduction <i>Prof. Emeritus Dr Max Aebi</i>	5'
17:05 – 17:30	Diagnosis and classification (including case) <i>Dr Pedro Berjano (confirmed)</i> <i>Presentation time: 20' + Discussion time: 5'</i>	
17:30 – 17:55	Surgical treatment of deformities of the aging spine: indications and surgical options (including case) <i>Prof. Dr Claudio Lamartina (confirmed)</i> <i>Presentation time: 20' + Discussion time: 5'</i>	
17:55 – 18:20	Morbus Parkinson and aging spine (including case) <i>Dr Pedro Berjano (confirmed)</i> <i>Presentation time: 20' + Discussion time: 5'</i>	
18:20 – 18:30	Conclusion & closing remarks <i>Prof. Emeritus Dr Max Aebi</i>	10'