

- 09:00 Arrival and Check-in at the Kursaal Bern | Meet & Greet in the Forum
- 10:00 **Welcome and Introduction into Gender Medicine and its fundamental Change of Perspective in Medicine:** Prof. Dr. med. Beatrice Beck Schimmer (University of Zurich) & Host Michael Rauchenstein
- 10:15 **History of Gender Medicine and a Look Ahead in the Future:** Prof. Dr. med. Dr. h.c. Vera Regitz-Zagrosek (Charité Berlin)
- 10:45 **Gender Medicine in the light of Global Health and Health Policy 2026:** Prof. Ilona Kickbusch (Geneva Graduate Institute)
- 11:15 **Presentation of Posters I**
- 12:15 *BREAK: Networking Lunch | Meet the Speakers*
- How to...**
- 13:15 **... Build a Women's Heart Health Program:** Dr. Noel Bairey Merz MD (Cedars-Sinai, USA)
- 13:25 **... Start a company for a sex/gender specific health care product:** Thao Nguyen (EQUAL CARE)
- 13:35 **... Implement SABV guidelines for preclinical research:** Dr. Ivana Jaric (University of Zurich)
- 14:00 **Ten Years of the SAGER Guidelines: Progress, Impact, and Future Needs:** Dr. Shirin Heidari (GENDRO)
- 14:20 **Sex/gender in Industry Research and Development - The Role of the Pharmaceutical Industry:** Dr. med. Katharina M. Gasser (Roche Pharma Switzerland)
- 14:45 **The Role of Politics for Equitable Health I**
- 15:15 *BREAK: Networking | Meet the Speakers*
- 15:45 **Scientific Sessions 1**
- 1.1: **Men's Health:** Dr. med. Ruben Fuentes Artilles (University of Bern), Dr. John Oliffe (University of British Columbia), Dr. phil. Andreas Walther (University of Graz)
- 1.2: **Sex and Gender in Clinical Guidelines:** P.D Dr. med. Maria Rubini (National Centre for Cardiovascular Research, Madrid), Prof. Mathias Wullum-Nielsen (University of Copenhagen)
- 1.3: **Policy / Global Health:** Prof. Sarah Hawkes (Monash University, Malaysia), Prof. Marc Lerchenmüller (University of Mannheim), Prof. Anita Raj (Tulane University, USA)
- 16:45 *BREAK: Networking and Change of Rooms*
- 17:00 **Scientific Sessions 2**
- 2.1: **Education - Innovation in Europe and beyond:** Prof. Alexandra Kautzky-Willer (MedUni Vienna), MD PhD Rosa Maria Bruno (Université Paris Cité), Prof. Dr. med. Ute Seeland (Magdeburg University), Prof. M.D. PhD Miyuki Katai (Japanese Association for Gender-Specific Medicine), Prof. M.D. PhD Seong Mi Park (Korea University College of Medicine), MD Kateryna Ostrovska (Ukraine Society of Gender Medicine), more Speakers to be announced
- 2.2: **Epidemiology and Prevention:** Speakers to be announced
- 2.3: **Evolution:** Prof. Erica van de Waal (University of Lausanne), Ph.D. Johanna Stärk (Max Planck Institute), Ph.D. Alexandra DeCasien (National Institute of Health)
- 18:00 *Networking and Apéro*
- 19:30 *End of the First Day*

## New this year: Public Event on October 26, 2026

For the first time, the Swiss Gender Medicine Symposium will feature a specifically tailored separate event for the interested public. On Monday, starting at 16:30, the event will open with a contribution from a political representative. This will be followed by an interactive roundtable with guests from the professional field, offering different perspectives on current topics in gender medicine.

The event will conclude with a joint apéro together with the symposium participants, providing an opportunity to continue the conversation and connect in an informal setting. Please find more information on our website.

- 08:00 Arrival and Check-in at the Kursaal Bern | Meet & Greet in the Forum
- 08:30 **Welcome** by Host Michael Rauchenstein
- 08:40 **Topic and Speaker to be announced**
- 09:10 **Panel Discussion: Update on Gender Medicine in Switzerland:** Prof. Carole Clair (Unisanté Lausanne), Prof. Dr. med. Carolin Lerchenmüller (University of Zurich), PD Dr. Berna Özdemir (University of Bern), Prof. Dr. med. Christine Meyer-Zürn (University of Basel), Dre Sara Arsever (University of Geneva)
- 09:35 **Presentation of Posters II**
- 10:45 **AI & Big Data:** Dr. Saniye Gülser Corat (NonBiasAi)
- 11:05 **Topic and Speaker to be announced**
- 11:15 **Funding the Future of Gender Medicine: Why Venture Capital Matters:** Maryann Selfe (FemmeHealth Alliance)
- 11:35 **Poster Award Ceremony**
- 11:55 **Wrap-up and Conclusions**
- 12:00 *Farewell Lunch and Networking*
- 14:00 *End of Swiss Gender Medicine Symposium 2026*

***We look forward to inspiring lectures and meaningful exchange.***

