

INVITATION / REGISTRATION

EXPERT **Anatomy Upper and Lower Limb** Bern, 6th - 7th February 2026

at the Institute of Anatomy, Bühlstrasse 26, 3012 Bern

MEETING RATIONALE:

The **management of spasticity requires experience and skills** in a range of practical aspects. To ensure safe usage and optimal treatment response with botulinum toxin therapy, target structures must be correctly localized and injected. The objective of this course, with a focus on the Upper and Lower Limbs, is to foster the use of ultrasound as a guiding technique for injections on cadavers. Our experts will answer your questions and guide you through the challenges of botulinum toxin treatment to increase your confidence in daily practice.

Speakers



Prof. Dr. Laurent Tatu

University Professor of Anatomy, Hospital Practitioner in Neurology, Head of the Neuromuscular Pathology Department at the Centre Hospitalier Universitaire (Besançon, France) and Coordinator of the Anatomy Laboratory (Université de Franche-Comté, France)



Dr. Stefano Carda

Deputy Head MD, FMH Physical and Rehabilitation Medicine Clinical and research specialties Spasticity and neuromuscular diseases CHUV - Neuropsychology and Neurorehabilitation Department

Agenda

Friday, 6th February 2026 – Upper Limb

08:30	-	09:00	WELCOME, REGISTRATION
09:00	-	10:45	<ul style="list-style-type: none">• Botulinum toxin type A in spasticity management• Spasticity and importance of goal setting• Upper limbs (topographical and functional anatomy and relevant anatomical landmarks)• Ultrasound-guided injection technique: technical considerations and basic guidelines for easy, reliable targeting of upper limb muscles
10:45	-	11:00	COFFEE BREAK
11:00	-	12:30	<ul style="list-style-type: none">• Practical ultrasound session• Anatomical demonstration on cadavers
12:30	-	13:15	LUNCH BREAK
13:15	-	17:00	<ul style="list-style-type: none">• Practical laboratory work – Ultrasound-guided injection techniques on cadavers
19:00			DINNER

Saturday, 7th February 2026 – Lower Limb

08:30	-	10:15	LOWER LIMB SPASTICITY <ul style="list-style-type: none">• Lower limbs (topographical and functional anatomy and relevant anatomical landmarks)• Ultrasound-guided injection technique: technical considerations and basic guidelines for easy, reliable targeting of lower limb muscles
10:15	-	10:30	COFFEE BREAK
10:30	-	12:30	<ul style="list-style-type: none">• Practical ultrasound session• Anatomical demonstration on cadavers
12:30	-	13:15	LUNCH BREAK
13:15	-	16:30	<ul style="list-style-type: none">• Practical laboratory work – Ultrasound-guided injection techniques on cadavers
16:30			CLOSING & DEPARTURE

Continuing education credits (8) are requested from the Swiss Neurological Society.

As the number of participants is limited, registrations will be taken into account on a first- come, first-served basis. To register, please fill in the following fields and send us this information by e-mail (to neurologie@merz.ch) by clicking on the button below.

Please indicate whether you will require hotel accommodation:

☐ **Please arrange a hotel for me in Bern for Friday, the 6th of February 2026.**

☐ **I do not need a hotel room.**

Title, first and last name:

Address (HCO):

Address (department):

Address (street, city):

E-Mail:

Send completed form by e-mail



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