

SPORT & EXERCISE MEDICINE SWITZERLAND

29.-30. Oktober 2026
Congress Kursaal Interlaken

Schweizer Sportmedizin Kongress SEMS

PROGRAMM



Speaker suchen:

Name aus Liste wählen...



Donnerstag, 29. Oktober 2026



08:00

Foyer Eingang Nord

Registrierung

08:45–09:45

Theatersaal

Generalversammlung SEMS

10:00–10:10

Theatersaal

Kongresseröffnung

Boris Gojanovic , Bruno Capelli

10:10–11:30

Theatersaal



10:10—10:30

Theatersaal

Athlete with normal physiological ECG changes

What is the athlete's heart?

David Niederseer

10:30—10:50

Theatersaal

Athlete with T-wave inversions

Christian Schmied

10:50—11:10

Theatersaal

Athlete with ventricular ectopy

Aneil Malhotra

11:10—11:30

Theatersaal

Diskussion

11:30—12:00

Ausstellung

Kaffeepause

12:00—13:15

Theatersaal

Hauptthema 1

SPORTKARDIOLOGIE - TEIL 2

Cardiac imaging in athletes

Moderation: Christian Schmied, Johannes Scheerr



12:00—12:20

Theatersaal

Athlete with valvular heart disease

Harald Thune Jorstad

12:20—12:40

Theatersaal

Athlete with left ventricular hypertrophy

When does physiology become pathology?

Pascal Bauer

12:40—13:00

Theatersaal

Athlete with dilated ventricles

What are the limits?

Viviana Maestrini

13:00—13:15

Theatersaal

Diskussion

13:15—14:30

Kongress-Saal

Lunch & Posterwalk

14:30—15:30

WORKSHOPS - SESSION 1



14:30—15:30

TBA

Workshop

ECG quiz incl. paediatric cases

David Niederseer , Aaron Baggish

14:30—15:30

TBA

Workshop

Basic life support

Rescue on the field

Aneil Malhotra

14:30—15:30

TBA

Workshop

CPET

Bruno Capelli , Arno Schmidt-Trucksäss

14:30—15:30

TBA

Workshop

Wearables in sport cardiology

Opportunities, limitations and clinical applications

Harald Thune Jorstad

14:30—15:30

TBA

Workshop

Latest news and current consensus on rehabilitation following an LCA rupture

Philippe Tscholl

14:30—15:30

TBA

Workshop

JSEMS Workshop

TBA

15:30—16:00

Kongress-Saal

Kaffeepause in der Ausstellung

16:00—17:00

WORKSHOPS - SESSION 2



16:00—17:00

TBA

Workshop

ECG quiz incl. paediatric cases

David Niederseer , Aaron Baggish

16:00—17:00

TBA

Workshop

Basic life support

Basic on the field

Aneil Malhotra

16:00—17:00

TBA

Workshop

CPET

Bruno Capelli , Arno Schmidt-Trucksäss

16:00—17:00

TBA

Workshop

Wearables in sports cardiology

Opportunities, limitations and clinical applications

Harald Thune Jorstad

16:00—17:00

TBA

Workshop

Latest news and current consensus on rehabilitation following an LCA rupture

Philippe Tscholl

16:00—17:00

TBA

Workshop

JSEMS Workshop

TBA

19:00—01:00

Theatersaal

SEMS Congress Party

Freitag, 30. Oktober 2026



08:00

Foyer Eingang Nord

Registrierung

08:30—10:15

Theatersaal

Hauptthema 1

SPORTKARDIOLOGIE - TEIL 3

Common clinical situations in sports cardiology

Moderation: David Niederseer, Boris Gojanovic



08:30—09:00

Theatersaal

State-of-the-art: Sports cardiology in 2026

Aaron Baggish

09:00—09:20

Theatersaal

Athlete with cardiovascular risk profile

Roman Gähwiler

09:20—09:40

Theatersaal

Athlete with atrial fibrillation

Franziska Rohmberg

09:40—10:00

Theatersaal

Athlete with coronary artery disease

Matthias Wilhelm

10:00—10:15

Theatersaal

Diskussion

10:15—10:45

Kongress-Saal

Kaffeepause in der Ausstellung

10:45—12:25

Theatersaal

Hauptthema 2

ORTHOPÄDIE: HYPERMOBILITÄT

Moderation: Stefan Fröhlich, Philippe Tscholl, Samy Bouaicha



10:45—11:05

Theatersaal

Hyperlaxizität / Ehlers-Danlos Syndrom im Sport

Aylin Canbek

11:05—11:25

Theatersaal

Hypermobility in der Behandlung; Worauf muss man achten?

Gere Luder

11:25—11:45

Theatersaal

Shoulder instability

TBA

11:45—12:05

Theatersaal

Kniesteife - Definition, Ursache, Behandlungsprinzipien

Jean-Romain Delaloye

12:05—12:25

Theatersaal

Wirbelsäuleninstabilität

TBA

12:25—13:30

Kongress-Saal

Lunch in der Ausstellung

13:30—15:30

Theatersaal

Hauptthema 1

SPORTKARDIOLOGIE - TEIL 4

Difficult clinical situations in sports cardiology

Moderation: Nathalie Wenger, Aaron Baggish



13:30—13:50

Theatersaal

Athlete with non-ischemic myocardial scar

Mahdi Sareban

13:50—14:10

Theatersaal

Managing the collapsed athlete

Philipp Bohm

14:10—14:30

Theatersaal

Athlete with aortic and/or congenital heart disease

Michael Stiefel

14:30—14:50

Theatersaal

Athlete with implantable cardiac devices

Sarah Spalinger

14:50—15:10

Theatersaal

Athlete with coronary anomaly

Christoph Gräni

15:10—15:30

Theatersaal

Diskussion

15:30—16:00

KONGRESSABSCHLUSS

Poster Award Ceremony

Boris Gojanovic , Bruno Capelli



BBS Congress GmbH

T +41 31 331 82 75

Peter Salchli

peter.salchli@bbscongress.ch

Philip Wegmüller

philip.wegmueller@bbscongress.ch