

Agenda

Webinar

The Aging of the Spine II: Osteoporosis and the Spine

Organizer: healthbook.org (Switzerland)
Date of Webinar: **Thursday, May 15, 2025**
Target Audiences: Orthopedic surgeons, neurosurgeons, neurologists, rheumatologists, gerontologists, physical medicine specialists, general practitioners (GPs), physiotherapists, chiropractors, and medical students
Duration: 17:00 – 18:30 (90 min)
Chair: Prof. Dr Max Aebi, Bern, CH
Speakers: PD Dr Albrecht Popp, Inselspital Bern, CH
 Prof. Dr Ulrich Berlemann, Salem Spital, Bern, CH
 PD Dr Sven Hoppe, Salem Spital, Bern, CH

Objectives: The CME-accredited webinar series, 'The Aging of the Spine', aims to educate participants about the biological and mechanical changes in the spine associated with aging. The series will cover the diagnosis and prevention of spine-related issues and explore current treatment options, with a particular focus on spinal fractures, osteoporosis treatment, and augmentation techniques in this webinar.

Final Agenda

17:00 – 17:05	Welcome & introduction <i>Prof. Dr Max Aebi</i>	5'
17:05 – 17:30	Incidence, diagnosis, prophylaxis and pharmacological (medication) treatment of osteoporosis (including case) <i>PD Dr Albrecht Popp</i>	Presentation time: 20' + Discussion time: 5'
17:30 – 17:55	Cement augmentation procedures in osteoporotic and fatigue spine fractures (including case) <i>Prof. Dr Ulrich Berlemann</i>	Presentation time: 20' + Discussion time: 5'
17:55 – 18:20	Sacral fatigue fractures (including case) <i>PD Dr Sven Hoppe</i>	Presentation time: 20' + Discussion time: 5'
18:20 – 18:30	Conclusion & closing remarks <i>Prof. Dr Max Aebi</i>	10'